



GETTING SETTLED IN CANADA



Fall 2024 International Student Orientation
August 15th, 2024 at 9:50 AM PST

International Education

PRESENTERS



Gina

Cultural Liaison
Kelowna Campus



Geri

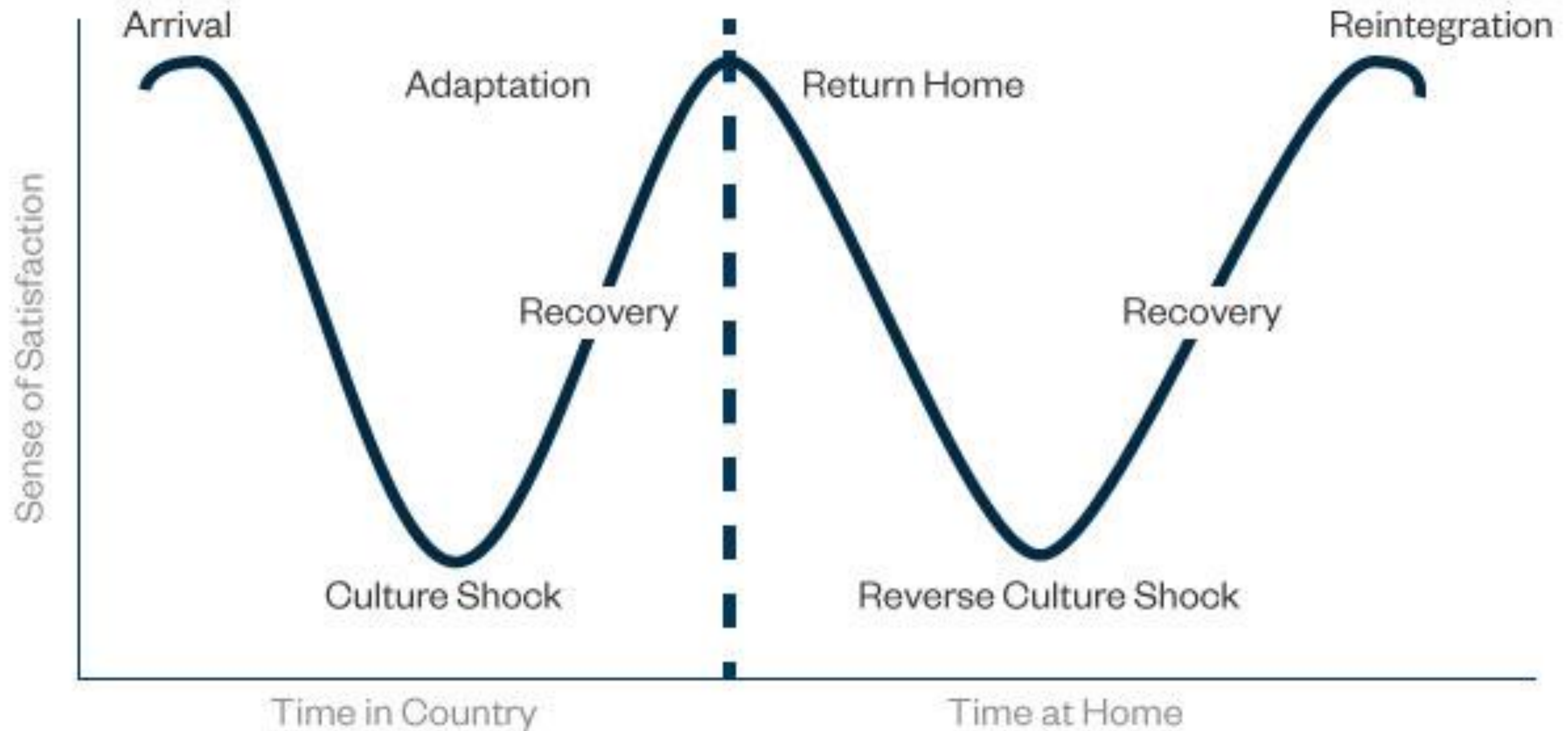
Student Services Assistant
Kelowna Campus

TODAY'S AGENDA

- 01 Transition Period (Cultural Adjustment)
- 02 Embracing Diversity
- 03 Your Rights Against Discrimination
- 04 ICBC and B.C.I.D.
- 05 SIN and Taxes
- 06 Transportation
- 07 Emergencies
- 08 Scams



Transition Period



During Transition period...



Sadness and loneliness



Anxiety, feeling of loss



Headaches, sleepy, or pain



Depression, isolation

How to **work through** the Transition Period

01

Get active and meet people, be curious

02

Stay in touch with family and friends

03

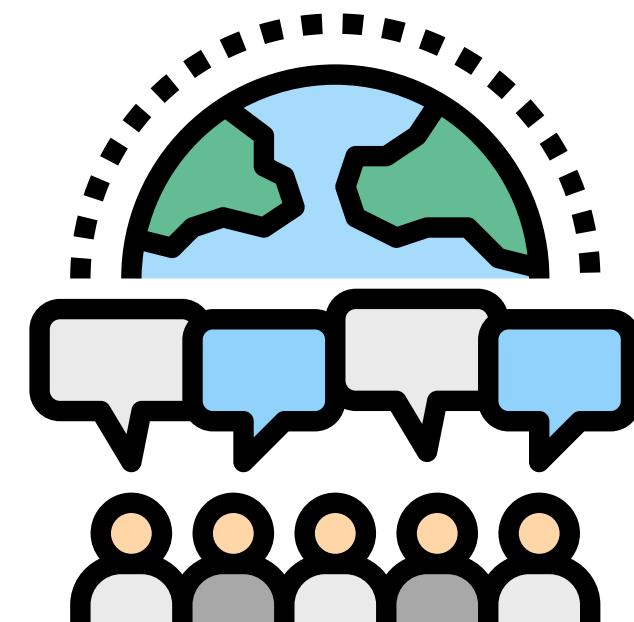
Share your culture with others. Don't feel pressured to change

04

Be open-minded, be sensitive to cultural differences

05

Pay attention to how you feel and ask for help



Embracing Diversity

Canada is a multicultural society, welcoming people from diverse cultural backgrounds and beliefs.

Learning about different cultures, traditions, and religions fosters cultural sensitivity, empathy, and acceptance of differences in others.

Treat everyone with the same level of respect.



Adapting to Diversity

- Use gender-neutral language
 - *Everyone, Folks*
 - *Partner, Spouse*
 - *Police Officer*
- Ask pronouns (He/She/They)
 - *How would you like to be addressed?*
 - *I self-identity as _____*
- Avoid assumptions about people's gender and culture
 - *What is your cultural background*
- Don't be discouraged if you get corrected
- Be open-minded, Be kind



This is on-going learning process.

Adapting to Diversity

What Is the Progress Pride Flag?

Red Life

Orange Healing

Yellow New ideas

Green Prosperity

Blue Serenity

Violet Spirit

Black/Brown People of Color

White/Blue/Pink Trans People

Yellow/Purple Circle Intersex



Your Rights Against Discrimination



More Resource: <https://www.resiliencebc.ca/>

What to do if you witness or are a victim



1(250)763-8008 | info@kcr.ca

Publications | Community Information
| Volunteer Opportunities

- Home
- Community**
- Family & Adoption
- Immigrant**
- Employment
- About KCR
- Q
- [Donate Now](#)

Adoption Centre of BC



[Report an Incident](#)

The Coalition

The United Against Discrimination (UAD) Coalition, formerly known as the Organize Against Racism and Hate (OARH), continues to work against racism and discrimination through our cooperative agencies and individual bystanders. As a group of concerned stakeholders, we affirm our commitment to promoting diversity and inclusion, thereby fighting racism, discrimination and hate. We agree to report incidents, provide information on community resources and to stand up for those affected. We seek systemic change through social, political and educational action and advocate for both official endorsement of and financial support for these actions.



ICBC (Insurance Corporation of British Columbia)



- Vehicle registration/ insurance
- Driver's licenses
- BCID
- Collision claims

For more information, please visit their webpage:

<https://www.icbc.com>

B.C. ID (for longer-term students)



- A government photo ID with the same features as a B.C. driver's license.
- Replaces your passport/study permit as a piece of government-issued ID.
- You can get one at I.C.B.C. (Insurance Corporation of British Columbia) location.
- Check their website for updates before you visit the office.

DO NOT carry your passport and study permit!

SIN (Social Insurance Number)

- A Social Insurance Number (SIN) is a 9-digit number issued by Service Canada. The common uses of your SIN are:
 - After being hired
 - When completing your income tax information
 - When accessing government programs and benefits

Apply for a SIN before Starting work in Canada

- Online at <https://www.canada.ca/en/employment-social-development/services/sin/apply.html>
- In-person or by mail

Keep your SIN safe.

- You DO NOT have to provide your SIN to apply for a job or to prove your identity
- Do not carry it in your wallet or purse and store it in a safe place.
- Never use your SIN as a piece of identification
- More information on how to protect your SIN: <https://www.canada.ca/en/employment-social-development/services/sin/reports/shared-responsibility.html#h2.1>

SIN CLINIC

Virtual Session August 20th Tuesday

Who would benefit from the session:

- Students who are already in Canada with study permit
- Students who are NOT in Canada yet but still want to learn how to apply for SIN
- **REGISTRATION is required!**



8:30 – 9:30AM PST



3:00 – 4:00PM PST



In-person Session

Who would benefit from the session:

- Everyone!
- **Please bring your passport, study permit and mailing address (Laptop if you could)**
- **REGISTRATION is required! (via iCent)**



August 27th 8:30AM – 2:30PM



September 6th 1:15PM – 5:00PM

Filing Taxes

Who must file taxes?

- Anyone wanting a GST/HST credit
- Anyone with a job
- Anyone who received a scholarship/bursary
- Anyone asked by the Canada Revenue Agency (CRA)

What do you need to file taxes?

- SIN (Social Insurance Number) or ITN (Individual Tax Number)
- T2202A -available on myOkanagan
- T4 - from employer, if you had a job
- T4A - if you received a scholarship or bursary
- General Tax forms



BICYCLES & E-Scooters



**Wear your
helmet**



**Ride your bike
with traffic**



**Stay in the bike
lane, not on the
sidewalk**



**Never assume that
you are seen by
other drivers**

Cycling regulations: <https://www2.gov.bc.ca/gov/content/transportation/driving-and-cycling/cycling/cycling-regulations-restrictions-rules>

BUS



BUS PASS

- 30 Days pass
- Semester pass
- **Purchase at the Student Union office for Kelowna and Vernon students**
- **Campus store for Penticton students**



Plan Your TRIP or SCHEDULE

- Transit App
- Google Maps
- UMO App



Rider's Guide

Route 90: Vernon / Kelowna
Route 70: Kelowna/Penticton
Cash fare, Tickets, Transfers

Pedestrians



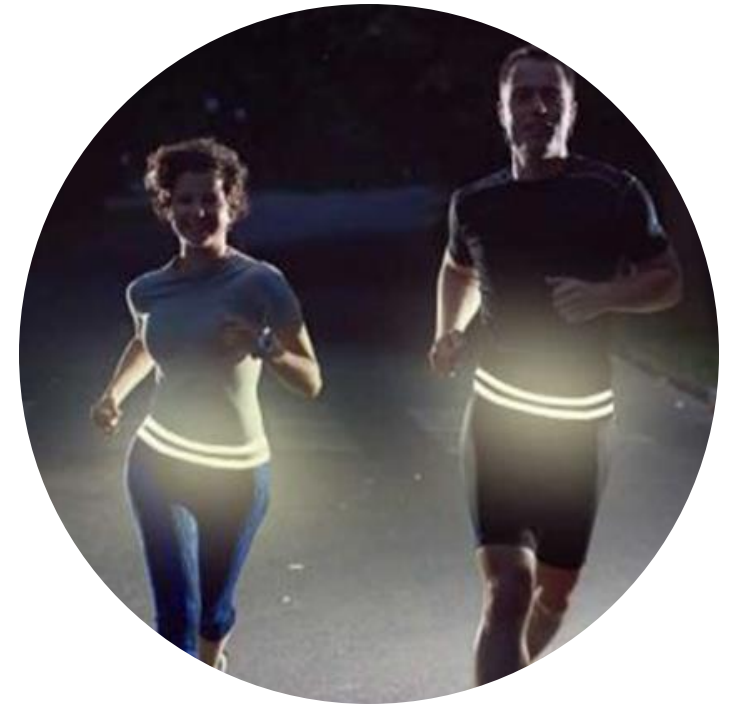
Always check
for traffic before
crossing



No Jaywalking



Do not text or look at
your cellphone while
walking



Wear something bright
or reflective gear to be
visible to drivers

Emergencies

An emergency is any situation that requires immediate police, fire or medical response in order to preserve life or property.

For immediate emergency response, **dial 9-1-1**.

For immediate but non-urgent assistance, contact campus security at **250-317-2435** 24/7

Scams

IRCC

JOB

PHONE & TEXT

CANADIAN TAX (CRA)

LAW VIOLATIONS

GIFT CARDS

Scams

Sample of Text



Message
Yesterday 9:12

You have received \$493 from the Canada Revenue Agency last year for your taxes. Please fill in the following online form:

[\[Redacted Link\]](#)

Sample of Email

From: info@cra-arc.gc.ca [mailto:info@cra-arc.gc.ca]
Sent: Friday, February 28, 2014 06:39 AM
To: [Redacted]
Subject: Tax Refund



Dear Tax Payer ,

Part of your Canadian tax expenses for the year 2014 as been processed and completed and you are entitled to a refund for 988.44 CAD. You are required to follow the secured link below to login to our secure Epass site with your Social Insurance Number and complete the required details in order for your tax refund to be processed and deposited into your account.

To access the secure form for your Tax Refund, please click the below secured link to get started>>>>

[https://\[Redacted\]](https://[Redacted])

Sincerely,

Canada Revenue Agency.

Scams



Scams

- **Ignore** unknown numbers.
- **Block** those numbers.
- **Don't give out** any personal information.
- **Be careful** before you click on a link.
- If you did give out information, **contact us immediately**.
- Government agencies or prospective employers will **never call** you and **ask for money**.

Contact US

Student Life and cultural adjustment

culturaliaison@okanagan.bc.ca





Next Session

Breakout Room

Activities

